

Thirsty Goat Gluten Friendly Options

Included are items from our menu that are GF or can be made to be GF. Note that not all items may be on our current menu which changes regularly. Ask your server for additional information.

- Smoked Chicken Wings naked or tossed in buffalo, sweet & tangy BBQ, or chipotle BBQ
- Stuffed Goat Skins
- Burnt Ends naked or tossed in sweet & tangy BBQ or chipotle BBQ
- Baked Brie Dip without the crostini, ask for extra apples
- Shrimp Cocktail
- Chicken noodle soup without noodles (noodles are prepped separate from broth and chicken)
- Seasonal Medley Salad without goat puck, can sub goat cheese crumbles
- Caprese Salad
- Cajun Shrimp Bake without the crostini
- Caesar Salad without croutons
- Cobb Salad
- Prime Brisket
- Pulled Pork
- Smoked Chicken
- Kielbasa Sausage
- Baby Back Ribs
- Smoked Turkey Breast
- Smoked Sliders without buns
- Smokehouse Salad without croutons
- Smokehouse Sandwiches without bun or Gluten Free buns available



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- Smokehouse tacos without tortillas, we suggest asking for them in a leaf of lettuce
- Beef burgers, chicken sandwiches, and veggie burgers without the bun or with a Gluten Free bun
- Brie Burger with no bun or on Gluten Free Bun
- Italian Beef no bread or on Gluten Free bun
- Turkey & Brie Baguette ask for no bread or on Gluten Free Bun
- Ranch Chicken Melt no bread or on Gluten Free bun
- 12oz Sirloin
- The Big Burrito with no tortilla prepared in a bowl
- Grilled Salmon
- Poor Man's Lobster (can also ask for baked lemon pepper cod or baked blackened cod)
- Grilled Shrimp Skewers
- Perch and bluegill can be ordered baked upon request, seasoned with lemon pepper
- Fish tacos with baked cod and no tortillas, ask for them in a lettuce leaf

GLUTEN FREE SIDES: House made kettle chips, guacamole, cilantro lime rice, coleslaw, mashed potatoes no gravy, drunken peaches, side salad no croutons, salt crusted baked potato(can be with sour cream or make it loaded), seasonal vegetables, spicy corn, seasonal fruit

Sweet potato fries and our French fries have a light flour coating on them, making them not gluten free

GLUTEN FREE DESSERTS: Drunken Peaches with Ice Cream or any of the ice cream drinks

GLUTEN FREE SAUCES: Buffalo, Sweet & Tangy BBQ, Chipotle BBQ, Ranch, Bleu Cheese, French, Sweet & Tangy Vinaigrette, Honey Balsamic Vinaigrette, Cajun Ranch, Hot Red Salsa, Marinara, Honey Mustard, Tartar Sauce

*The Thirsty Goat will sanitize and clean stations diligently for any person upon request that expresses any food allergy including gluten. The Thirsty Goat is a shared kitchen space that contains gluten products. All food is cooked in shared fryers, chargrill, and flat top that cook gluten free and non-gluten free food.